

3rd Annual Women's Health Conference 2013



GET BACK FOCUSED IT'S ABOUT YOU

Saturday, April 27, 2013 Time: 8:30a.m. - 4p.m.
Cross Street A.M.E. Zion Church, 440 West Street, Middletown, CT 06457

ARE YOU READY TO TURN THE FOCUS BACK ON YOU?

BREAKFAST & NETWORKING 9:00a.m. LUNCH 12:30p.m.

Opening with Drums Alive! Ending with a **ZUMBA**  Master Class

CONFERENCE COST \$20.00 IN ADVANCE



Special Guest Speaker
Jewel Mullen,
MD, MPH, MPA Commissioner,
Connecticut Department
of Public Health



Special Guest
Scot Haney
Eyewitness News
"Better Connecticut" Co-host



Special Guest Speaker
Rob Nevins
Living Lean
America's "Fat Lose Guru"

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| ✦ Breast Screening | ✦ Lung Association | ✦ Blood Pressure | ✦ Oncology |
| ✦ Qivana | ✦ Weight Watchers | ✦ Screenings DPH | ✦ Zumba Fitness |
| ✦ Diabetes Screening | ✦ Colon Cancer | ✦ Cholesterol Screens | ✦ Free Massages |
| ✦ DPH | ✦ Mental Health | ✦ Personal Training | ✦ Local YMCA |
| ✦ Cervical Screening | ✦ Nutritionist | ✦ Dental Screen | ✦ And many more! |

Presenters: Gastroenterologist, Cardiologist, Oncologist,
Rob Nevins "Fat Loss Guru," Psychologist, & Beauty Consultants

For more information and registration visit www.crossstreetamezion.org,
please contact our office @ 860-344-9527 or
call Anita Dempsey-White via phone @ 860-770-4644
or email adzumbalady.dempsey@gmail.com

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